

# VEGETARIAN MENU

\*shared fryer

\*\*contains egg or fish

## APPETIZERS

**Salena's Chips & Salsa** 3/5.5

**Guacamole** 7.00

**Queso Fundido** 6.00

Add quinoa 8.00

**Quesadillas Americana** flour tortilla 9.95

wedges with melted cheese, salsa & sour cream on the side. Add protein 11.95

**Hole Mole** Salena's traditional chips: melted 11.50

cheese on top and guacamole in the center

Add lettuce, salsa fresca, olives \$13.50

**Loaded Nachos** Salena's traditional chips 13.95

topped with your choice of protein, lettuce, salsa fresca, olives, sour cream, jalapenos, and guacamole, and queso fundido

**Stuffed Jalapenos** with cheese 3.75

Add quinoa 4.95

**Nacho Bean Dip** Choose pinto or black 8.50

beans, refried, & topped with cheese, jalapenos & salsa fresca

## LOADED BURRITO 12.95

12" flour tortilla filled with choice of protein and rice, black beans (includes corn), jalapenos, olives, salsa fresca, guacamole, lettuce, sour cream and cheese

## RICE BOWL 12.95

Your choice of protein, rice, black beans (includes corn), jalapenos, olives, salsa fresca, guacamole, lettuce, sour cream and cheese. Topped with your choice of sauce

## SALADS 12.95

**Salena's Avocado Salad** greens, avocado, carrots, tomatoes, red onions, cucumbers, bell peppers, salsa fresca & cotija cheese

add tofu \$5, add \*\*shrimp \$6

DRESSINGS: SALSA RANCH, SALSA BLEU, HONEY-LIME CILANTRO, ITALIAN

**THANK YOU FOR YOUR PATIENCE!**

Send any feedback at any time to [kelly@salenas.com](mailto:kelly@salenas.com) and you will be entered in a drawing for a free \$25 gift card!

## A LA CARTE ITEMS 4.95

**Taco** corn tortilla topped with your choice of protein, pickled onion, cotija cheese, salsa fresca, and cilantro

**Tostada** corn tortilla fried flat, topped with your choice of protein, lettuce, salsa fresca, and cotija cheese

**Burrito** flour tortilla filled with your choice of protein and shredded cheese

**\*Enchilada** corn tortilla wrapped around onions & your choice of protein. Broiled with enchilada sauce and cheese on top

## SALENA COMBO 14.95

Pick 2 items from A La Carte, served with rice & beans

## ALBERTO COMBO 19.95

Pick 3 items from A La Carte, served with rice & beans.

**Protein Choices:** quinoa, black bean mix, pinto bean.

Guacamole- Taco or Tostada only

**For enchiladas & burritos**

choose from Red Enchilada Style or White Style \$2 additional charge for burritos

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## SIGNATURE PLATES

- Stuffed Avocado** Fresh avocado topped with italian dressing your choice of protein. Topped with sautéed peppers & onions, melted cheese, salsa fresca, & cotija. Served with rice & black beans 17.95
- \*Combination Enchiladas** One 15.95  
quinoa, one black bean, and one cheese enchilada, covered in enchilada sauce and melted cheese. Served with rice and pinto beans.

## TACO PLATES served with rice and black beans +no substitutions

- Grilled Cilantro Citrus Tofu Tacos** 17.95  
Marinated, grilled, and served in flour tortillas. Topped with pickled onion, salsa fresca, cotija, and your choice of crema
- \*/\*\*Fried Cauliflower Tacos** served in 17.95  
flour tortillas. Topped with your choice of crema, pickled onion, salsa fresca, and cotija
- \*\*Drunken Shrimp Tacos** Sautéed in our 21.95  
tequila red chili sauce served in flour tortillas. Topped with honey lime slaw, your choice of crema, salsa fresca, and cotija
- \*/\*\*Beer Battered Fish Tacos** 18.95  
In 3 flour tortillas. Topped with honey lime slaw, your choice of crema, salsa fresca, and cotija

## LUNCH COMBOS 13.95

**ONLY AVAILABLE 12-4pm.** Combos are served with rice and pinto beans. Super combo burritos are enchilada style, and topped with lettuce and tomatoes

- #1- Taco & \*Enchilada  
#2- Burrito & \*Enchilada  
#3- Two Tacos  
#4- Two \*Enchiladas  
#5- Super Burrito Enchilada Style

## FAJITAS

Includes: sautéed peppers and onions. With rice, pinto beans, 3 flour tortillas, lettuce, tomato, cheese, sour cream, and guacamole served on the side

- \*\*Shrimp** 22.95
- Vegetable** 17.95
- Sautéed onion, bell peppers, potatoes, mushroom, cauliflower, and zucchini
  - Add grilled tofu for \$5

## SIDES

- Mexican Rice, Black Beans, or Pinto Beans 2.50  
Side Salad 4.00  
Quinoa 3.00  
Flour or Corn Tortilla 1.00  
Sour Cream 1.00  
½ Guacamole 4.00  
Lettuce, Tomato, Cheese, or onion 1.00  
House salsas 1.00

## DESSERTS

- Flan** 5.95  
Traditional caramel custard served with a rosette of whipped cream. Contains egg.
- \*Churros** 6.95  
Deep fried Mexican fried dough, sprinkled with cinnamon sugar. 8 small pieces.
- \*Fried Ice Cream** 5.95  
A house specialty. Vanilla ice cream, coated in a secret house recipe and lightly fried.
- Tequila Cream Pie** 5.95  
Tequila cream pie with an oreo crust. Topped with whipped cream, chocolate sauce, and cinnamon sugar.
- Mexican Cake** 5.95  
Spiced Mexican hot chocolate cake, made by Get Caked Bakery