

# VEGETARIAN MENU

\*shared fryer

\*\*contains egg or fish

## APPETIZERS

\***Guacamole** 7.00

\***Queso Fundido** 6.00

Add quinoa 8.00

**Quesadillas Americana** flour tortilla wedges with melted cheese, salsa & sour cream on the side. *Add protein 11.95* 9.95

\***Hole Mole** Salena's traditional chips: melted cheese on top and guacamole in the center *Add lettuce, salsa fresca, olives \$13.50* 11.50

\***Loaded Nachos** Salena's traditional chips topped with your choice of protein, queso, lettuce, salsa fresca, olives, sour cream, jalapenos and guacamole 13.95

**Stuffed Jalapenos** with cheese 3.75  
Add quinoa 4.95

\***Nacho Bean Dip** Refried pinto beans, garlic, onion and jalapenos, covered in melted cheese. Topped with cotija cheese & salsa fresca. Served with Salena's premium chips. 8.50  
Sub Black Beans \$9.50

## LOADED BURRITO 12.95

12" flour tortilla filled with choice of protein and rice, black beans (includes corn), jalapenos, olives, salsa fresca, guacamole, lettuce, sour cream and cheese

## RICE BOWL 11.95

Your choice of protein, rice, black beans (includes corn), jalapenos, olives, salsa fresca, guacamole, lettuce, sour cream and cheese. Topped with your choice of sauce

## SALADS 12.95

**Salena's Avocado Salad** greens, avocado, carrots, tomatoes, red onions, cucumbers, bell peppers, salsa fresca & cotija cheese  
add tofu \$5, add \*\*shrimp \$6

DRESSINGS: SALSA RANCH, SALSA BLEU, HONEY-LIME CILANTRO, ITALIAN

THANK YOU FOR YOUR  
PATIENCE!

Send any feedback at any time to  
[kelly@salenas.com](mailto:kelly@salenas.com)

## A LA CARTE ITEMS 4.95

**Taco** corn tortilla topped with your choice of protein, pickled onion, cotija cheese, salsa fresca, and cilantro \*hard shell

\***Tostada** corn tortilla fried flat, topped with your choice of protein, lettuce, salsa fresca, and cotija cheese

**Burrito** flour tortilla filled with your choice of protein and shredded cheese

*Pick 3 fillers for \$1: lettuce, tomato, onion, guacamole, salsa fresca, pickled onion, black olives, sour cream*

\***Enchilada** corn tortilla wrapped around onions & your choice of protein. Broiled with enchilada sauce and cheese on top

## SALENA COMBO 14.35

Pick 2 items from A La Carte, served with rice & beans

## ALBERTO COMBO 19.35

Pick 3 items from A La Carte, served with rice & beans.

**Protein Choices:** quinoa, black bean mix, pinto bean.

Guacamole- Taco or Tostada only

**For enchiladas & burritos**

choose from Red Enchilada Style or White Style \$2 additional charge for burritos

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## **STUFFED AVOCADO** 17.95

Fresh avocado cut in half and filled with your choice of protein. Topped with sautéed peppers & onions, melted cheese, salsa fresca, and cotija. Served with rice and black beans.

## **COMBINATION ENCHILADAS** 14.95

One quinoa, one black bean, and one vegan cheese enchilada, covered in enchilada sauce and melted cheese. Served with rice and pinto beans.

## **TACO PLATES** *served with rice and black beans*

*\*no substitutions*

### **Grilled Cilantro Citrus Tofu Tacos** 17.95

Marinated, grilled, and served in flour tortillas. Topped with honey-lime slaw, avocado crema, salsa fresca, and cotija

### **\*/\*\*Fried Cauliflower Tacos** Gluten-free 17.95

and served in 3 corn tortillas. Topped with avocado crema, honey-lime slaw, and cotija

### **\*\*Drunken Shrimp Tacos** 21.95

Sautéed in our tequila red chili sauce served in 3 flour tortillas. Topped with honey lime slaw, avocado crema, salsa fresca, and cotija

### **\*/\*\*Beer Battered Fish Tacos** 18.95

In 3 flour tortillas. Topped with honey lime slaw, avocado crema, salsa fresca, and cotija

## **Sides:**

Mexican Rice, Black Beans, or Pinto Beans	2.75
Side Salad	4.00
Quinoa	3.00
Flour or Corn Tortilla	1.00
Sour Cream	1.00
½ Guacamole	4.00
Lettuce, Tomato, Cheese, or Onion	1.00
Salsa Fresca	1.00

## **FAJITAS**

Includes: sautéed peppers and onions. With rice, pinto beans, 3 flour tortillas, lettuce, tomato, cheese, sour cream, and guacamole served on the side

### **\*\*Shrimp** 22.95

### **Vegetable** 17.95

- Sautéed onion, bell peppers, potatoes, mushroom, Brussel sprouts and broccoli
- Add grilled tofu for \$5

## **LUNCH COMBOS** 13.95

**ONLY AVAILABLE 12-4pm.** Combos are served with rice and pinto beans. Super combo burritos are enchilada style, and topped with lettuce and tomatoes

#1- Taco & \*Enchilada

#2- Burrito & \*Enchilada

#3- Two Tacos

#4- Two \*Enchiladas

#5- Super Burrito Enchilada Style

## **DESSERT:**

**\*Fried Ice Cream** 5.95

**Tequila Cream Pie** 5.95

**\*Churros** 6.95

**Flan** *\*contains egg* 5.95