745 Maiden Lane 585-270-5033 Salenas.com

VEGAN MENU \$1 for vegan cheese

4.75



13.95

TO START Salena's Chips & Salsa 3.00 **Large Chips & Salsa** 9.00 7.00 **Guacamole & Chips** 9.95 Quesadillas Americana flour tortilla wedges with melted vegan cheese, & salsa on the side. Add protein 11.95 12.95 **Loaded Nachos** Salena's traditional chips topped with your choice of protein, lettuce, salsa fresca, olives, jalapenos, & guacamole. Add vegan cheese \$1

ENCHILADA PLATES served with rice and pinto beans

*no substitutions

Combination Enchiladas

Vegan: 1 quinoa, 1 black bean, 1 vegan cheese, all topped with enchilada sauce. Add

vegan cheese on top \$1

Protein Choices:

quinoa, roasted vegetables, black bean mix, pinto bean.

*Guacamole: Taco & Tostada only

*For enchiladas

choose from Red Enchilada or Green Tomatillo on top

BUILD YOUR OWN

Stuffed Jalapenos

Add quinoa 5.50

Burrito 10

12" flour tortilla filled with your choice: protein from list, and rice, black beans (includes corn), jalapenos, olives, salsa fresca, guacamole, & lettuce. Add vegan cheese \$1

4 jalapeno peppers stuffed with vegan cheese

Bowl 10 full/6 half

Your choice of protein from list, rice, black beans (includes corn), jalapenos, olives, salsa fresca, guacamole, and lettuce. Topped with your choice of sauce. Add vegan cheese \$1

COMBOS

Taco Combo: 9.95 2 tacos with your choice of

protein, served with rice and pinto beans

Enchilada Combo: 9.95 2 Enchiladas with your choice of protein, served with rice and pinto beans

Burrito Combo: 12.95 2 Burritos with your choice of protein, served with rice and pinto beans

<u>A LA CARTE ITEMS</u>

Taco 3.50

corn tortilla topped with your choice of protein, pickled onion, salsa fresca, and cilantro. Add vegan cheese \$1

Enchilada* 3.50

corn tortilla wrapped your choice of protein. Broiled with enchilada sauce on top. Add vegan cheese \$1

Burrito 4.50

flour tortilla wrapped around cheese & your choice of protein.

Broiled with enchilada sauce on top 6.00

FAMILY 4 PACK TO-GO: \$30 (8 Tacos)

- *4 hard shell, 4 soft shell flour tortillas (can be corn upon request)
- *Protein (1 choice)
- *Lettuce, salsa fresca, cheese, pickled onion, jalapeño
- *Rice and pinto beans
- *Chips and salsa

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SALADS 10.00

Salena's Avocado Salad greens, avocado, carrots, tomatoes, red onions, cucumbers, bell peppers, & salsa fresca

add tofu \$5

SIGNATURE PLATES served with rice and black beans

*no substitutions

Stuffed Avocado Fresh avocado cut in half. Your choice protein. Topped with sautéed peppers & onions, and salsa fresca. Add vegan cheese \$1

Grilled Cilantro Citrus Tofu Tacos 15.45

Marinated, grilled, and served in flour tortillas. Topped with salsa fresca, pickled onion. Add vegan cheese \$1

THANK YOU FOR YOUR PATIENCE!

Send any feedback at any time to kelly@salenas.com

FAJITAS

Includes: sautéed peppers and onions. With rice, pinto beans, 3 flour tortillas, lettuce, tomato, and guacamole served on the side

Vegetable 15.95

- Sautéed seasonal vegetables
- Add grilled tofu for \$5

SIDES:

Quinoa	3.00
Flour or Corn Tortilla	1.00
½ Guacamole	4.00
Lettuce, Tomato, or onion	1.00
Rice	2.50
Pinto or black bean mix	2.50
Side Salad	4.00

BEVERAGES: \$2 Regular or Diet Soda Bottled Water

Jarritos \$3

DESSERTS 3.95

Vegan Mexican Cake

KID'S MEAL: \$4

Pick one: Taco or Enchilada

Pick one: Rice, Pinto Beans, Black Beans, Applesauce, 1/2 Guacamole

^{*}DRESSINGS: ITALIAN, RASPBERRY VINAGRETTE