



GLUTEN FREE MENU*

*Fried in a shared fryer

TELL YOUR SERVER IF YOU ARE CELIAC and some adjustments can be made!

APPETIZERS

- *Salena's Salsa Trio** Salsa fresca, salsa verde, & salsa chipotle with Salena's traditional chips 4.50
- *Guacamole** 7.00
- *Queso Fundido** 6.00
Add quinoa, chorizo, or ground beef 8.00
- Quesadillas Americana** SUB CORN tortilla wedges with melted cheese, salsa & sour cream on the side. Add protein 11.95 9.95
- *Hole Mole** Salena's traditional chips: melted cheese on top and guacamole in the center 11.50
- *Mexican Mess** Salena's traditional chips with melted cheese, lettuce, salsa fresca, black olives, & cotija. Guacamole, sour cream, and your choice of quinoa, chili, black beans, or pinto beans 13.95
- *Salena's Nachos** Salena's traditional chips topped with cheese, salsa fresca & pickled onion. Pickled jalapenos and sour cream on the side. Add protein 9.50 7.50
- Stuffed Jalapenos** with cheese 3.75
Add quinoa, chorizo, or ground beef 4.95
- *Bacon Wrapped Jalapenos** stuffed with cream cheese, wrapped in bacon, and fried 7.95
- *Nacho Bean Dip** Choose pinto or black beans, refried, & topped with cheese, jalapenos & salsa fresca 8.50
- Quesadilla Supreme** open-faced SUB CORN tortilla with cheese, salsa, sautéed peppers & onions, & your choice of protein. Topped with lettuce, salsa fresca, & cotija 14.95

A LA CARTE ITEMS

- Taco** corn tortilla topped with your choice of protein, pickled onion, cotija cheese, salsa fresca, and cilantro 4.50
*hard shell is in shared fryer
- *Tostada** corn tortilla fried flat, topped with your choice of protein, lettuce, salsa fresca, and cotija cheese 4.50
- *Enchilada** corn tortilla wrapped around onions & your choice of protein. Broiled with enchilada sauce and cheese on top 4.50

RICE BOWL 11.95

Your choice of protein, rice, black beans (includes corn), jalapenos, olives, salsa fresca, guacamole, lettuce, sour cream and cheese. Topped with your choice of sauce

LUNCH COMBOS 11.95

Add \$2.00 after 4pm. Combos are served with rice and pinto beans.

- #1- Taco & Enchilada
- #3- Two Tacos
- #4- Two Enchiladas

SALADS 12.95

Salena's Avocado Salad greens, avocado, carrots, tomatoes, red onions, cucumbers, bell peppers, salsa fresca & cotija cheese*

add chicken or tofu \$5, add steak or shrimp \$6

DRESSINGS: SALSA RANCH, SALSA BLEU, HONEY-LIME CILANTRO, ITALIAN

Sante Fe Chicken Salad shredded lettuce with corn, black beans, diced chicken, tomatoes, & cilantro. and served with salsa ranch dressing on the side. Add diced avocado. Ask for NO tortilla strips 14.95

Protein Choices: Shredded chicken, shredded beef, ground beef, chorizo, pulled pork, chili, quinoa, black bean mix, pinto bean.

*Guacamole- Taco or Tostada only

For enchiladas

choose from Red Enchilada, White, Green Tomatillo or Mole Style on top



GLUTEN FREE MENU*

*Fried in a shared fryer

TELL YOUR SERVER IF YOU ARE CELIAC and some adjustments can be made!

SIGNATURE PLATES served with rice and black beans

*no substitutions

Stuffed Avocado Fresh avocado cut in half and filled with your choice of protein. Topped with sautéed peppers & onions, melted cheese, salsa fresca, and cotija 17.95

TACO PLATES served with rice and black beans

*no substitutions

Grilled Cilantro Citrus Tofu Tacos 16.95

Marinated, grilled, and served in 3 (SUB CORN) tortillas. Topped with honey-lime slaw, avocado crema, salsa fresca, and cotija

***Fried Cauliflower Tacos** Gluten-free and served in 3 corn tortillas. Topped with avocado crema, honey-lime slaw, and cotija 16.95

Drunken Shrimp Tacos Sautéed in our tequila red chili sauce served in 3 (SUB CORN) tortillas. Topped with honey lime slaw, avocado crema, salsa fresca, and cotija 19.95

Grilled Tacos 19.95

In 3 (SUB CORN) tortillas. Topped with lettuce, salsa fresca, avocado crema, and cotija. Choose marinated chicken or steak

ENCHILADA PLATES served with rice and pinto beans

*no substitutions

***Mexican Flag** 3 enchiladas: a shredded beef enchilada, a chicken enchilada white style, and a pork enchilada green style 15.95

***Combination Enchiladas** 3 enchiladas: a shredded beef, a chicken, and a cheese, all enchilada style 14.95

***Super Combo Enchiladas** Our Mexican Flag dish with an additional chicken enchilada with mole style 17.95

FAJITAS Includes: sautéed peppers and onions. With rice, pinto beans, 3 (SUB CORN) tortillas, lettuce, tomato, cheese, sour cream, and guacamole served on the side

Chicken 18.95

Shrimp 19.95

Steak 21.95

Combination (Chicken, Steak, & Shrimp) 22.95

Vegetable 16.95

- Sautéed onion, bell peppers, potatoes, mushroom, cauliflower, and zucchini
- Add grilled tofu for \$3

Sides:

Mexican Rice, Black Beans, or Pinto Beans 2.50

Side Salad 4.00

Quinoa 3.00

Corn Tortilla 1.00

Sour Cream 1.00

½ Guacamole 4.00

Lettuce, Tomato, Cheese, or onion 1.00

House salsas (chipotle, verde, or fresca) 2.00

Join our loyalty program to earn \$50 free for every \$500 spent!

Feedback is always welcome!

Kelly@salenas.com

Check out our catering menu: www.salenas.com