

GLUTEN FREE MENU

*Fried in a shared fryer

--ENCHILADAS CAN BE MADE SAFE FOR CELIAC GUESTS, but you need to talk to your server--

APPETIZERS

Salena's Chips & Salsa 3/5.5

Guacamole 7.00

Queso Fundido 6.00

Add quinoa, chorizo, or ground beef 8.00

Quesadillas Americana SUB CORN tortilla 9.95

wedges with melted cheese, salsa & sour cream on the side. Add protein 11.95

***Cannot be made without cross contamination

Hole Mole Salena's traditional chips, melted 11.50

cheese on top, and guacamole in the center

Add lettuce, salsa fresca, olives \$13.50

Loaded Nachos Salena's traditional chips 13.95

topped with your choice of protein, lettuce, salsa fresca, olives, sour cream, jalapenos and guacamole, and queso fundido

Stuffed Jalapenos with cheese 3.75

Add quinoa, chorizo, or ground beef 4.95

***Bacon Wrapped Jalapenos** stuffed with 7.95

cream cheese, wrapped in bacon, and fried

Nacho Bean Dip Fried pinto beans, garlic, 8.50

onion, and jalapenos covered in a thick layer of cheese. Topped with cotija cheese & salsa fresca.

Served with Salena's premium chips.

Sub Black Beans \$9.50

***ENCHILADA PLATES** served with rice and pinto beans

*no substitutions

***Mexican Flag** 3 enchiladas: a shredded beef enchilada, a chicken enchilada white style, and a pork enchilada green style 16.95

***Combination Enchiladas** 3 enchiladas: a shredded beef, a chicken, and a cheese, all enchilada style 15.95

***Super Combo Enchiladas** Our Mexican Flag dish with an additional chicken enchilada with mole style 18.95

THANK YOU FOR YOUR PATIENCE!

Send any feedback at any time to kelly@salenas.com and you will be entered in a drawing for a free \$25 gift card!

A LA CARTE ITEMS 4.95

Taco corn tortilla topped with your choice of protein, pickled onion, cotija cheese, salsa fresca, and cilantro

*hard shell is in shared fryer

Tostada corn tortilla fried flat, topped with your choice of protein, lettuce, salsa fresca, and cotija cheese

***Enchilada** corn tortilla wrapped around onions & your choice of protein. Broiled with enchilada sauce and cheese on top

SALENA COMBO 14.95

Pick 2 items from A La Carte, served with rice & beans

ALBERTO COMBO 19.95

Pick 3 items from A La Carte, served with rice & beans.

RICE BOWL 12.95

Your choice of protein, rice, black beans (includes corn), jalapenos, olives, salsa fresca, guacamole, lettuce, sour cream and cheese. Topped with your choice of sauce

Protein Choices: Shredded chicken, shredded beef, ground beef, chorizo, pulled pork, chili, quinoa, black bean mix, pinto bean.

+Guacamole- Taco or Tostada only

For enchiladas

choose from Red Enchilada, White, Green Tomatillo or Mole Style on top

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SALADS

Salena's Avocado Salad greens, avocado, carrots, tomatoes, red onions, cucumbers, bell peppers, salsa fresca & cotija cheese* 12.95

add chicken or tofu \$5, add steak or shrimp \$6

DRESSINGS: SALSA RANCH, SALSA BLEU, HONEY-LIME CILANTRO, ITALIAN

Sante Fe Chicken Salad shredded lettuce with corn, black beans, diced chicken, tomatoes, & cilantro. and served with salsa ranch dressing on the side. Add diced avocado \$2. **Ask for NO tortilla strips** 14.95

SIGNATURE PLATES served with rice and black beans

*no substitutions

Stuffed Avocado Fresh avocado cut in half and filled with italian dressing and your choice of shredded chicken, shredded beef, ground beef, chorizo, pork, quinoa, black bean mix, or pinto beans. Topped with sautéed peppers & onions, melted cheese, salsa fresca, and cotija. 17.95

Grilled Cilantro Citrus Tofu Tacos 17.95
Marinated, grilled, and served in 3 (SUB CORN) tortillas. Topped with pickled onion, salsa fresca, cotija, and your choice of crema

Drunken Shrimp Tacos 21.95
Sautéed in our tequila red chili sauce served in 3 (SUB CORN) tortillas. With honey lime slaw, your choice of crema, salsa fresca, & cotija

Grilled Tacos 21.95
In 3 (SUB CORN) tortillas. Topped with lettuce, salsa fresca, your choice of crema, & cotija. Choose marinated chicken or steak

Grilled Chicken Plates 19.95
Chipotle Style: topped with salsa fresca & cotija
Mole Style: topped with cilantro and cotija
Both served with rice and black beans

FAJITAS Includes: sautéed peppers and onions. With rice, pinto beans, 3 (SUB CORN) tortillas, lettuce, tomato, cheese, sour cream, and guacamole served on the side

Chicken	22.95
Shrimp	22.95
Steak	22.95
Combination (Chicken, Steak, & Shrimp)	24.95
Vegetable	17.95

- Sautéed onion, bell peppers, potatoes, mushroom, zucchini and cauliflower
- Add grilled tofu for \$5

SIDES

Mexican Rice, Black Beans, or Pinto Beans	2.75
Side Salad	4.00
Quinoa	3.00
Corn Tortilla	1.00
Sour Cream	1.00
½ Guacamole	4.00
Lettuce, Tomato, Cheese, or onion	1.00
Salsas	1.00

LUNCH COMBOS 13.95

Only available 12-4pm. Combos are served with rice and pinto beans.

- #1- Taco & *Enchilada
- #3- Two Tacos
- #4- Two *Enchiladas

DESSERT

Flan 5.95

Traditional caramel custard served with a rosette of whipped cream. Contains egg.