

# GLUTEN FREE MENU

\*Fried in a shared fryer

## APPETIZERS

- Salena's Chips & Salsa** \$4
- Guacamole & Chips** \$11  
With Salena's traditional chips
- Queso Blanco & Chips** \$7  
With Salena's traditional chips  
*Add quinoa, chorizo, or ground beef \$9*
- Quesadillas Americana** SUB CORN tortilla \$13  
wedges with melted cheese, salsa & sour cream on the side. *Add filler \$16*  
\*\*\*Celiac orders are cooked on foil!
- Hole Mole** Salena's traditional chips, melted cheese on top, and guacamole in the center \$18  
*Add lettuce, salsa fresca, olives \$20*
- Loaded Nachos** Salena's traditional chips \$16  
topped with lettuce, salsa fresca, olives, sour cream, jalapenos, guacamole, and queso.  
*Half-size \$8 Add filler \$19*
- \*Loaded Fries** Salena's All the loaded nacho \$15  
toppings but served on French fries! Topped with your choice of crema  
*Add filler \$18*

## ENCHILADA PLATES \*\*\*no substitutions

*served with rice and pinto beans. Skip the rice and beans and save \$4! Skip one and save \$2!*

**Mexican Flag** a shredded beef red enchilada, a chicken enchilada white-style, and a pork enchilada green-style, dressed with your choice of crema \$20

**Combination Enchiladas** a shredded beef, a chicken, and a cheese, all enchilada style \$19

**Super Combo Enchiladas** Our Mexican Flag dish with an additional chicken enchilada mole style \$24

## SALENA'S SPECIALTY TACOS \$7

**Drunk Shrimp OR Tofu Taco** Sauteed with a tequila and red chile sauce with a honey-lime slaw, salsa fresca, and cotija. \*sub corn tortilla

**Mango Salsa Pork Taco** Slow-roasted chipotle pork with our house-made mango salsa. Top with your choice of crema. \*sub corn tortilla

**Cilantro Citrus Tofu Taco** Marinated tofu, grilled and served with pickled onion, salsa fresca, cotija cheese, & your choice of crema  
\*sub corn tortilla

*Crema choice: Avocado or Chipotle*

**Filler Choices:** Oven Roasted chicken, shredded chicken & bean, shredded chicken, ground beef, chorizo, shredded beef (+\$3), pulled pork, black bean, pinto bean, roasted vegetables  
+Guacamole- Taco only

### **For enchiladas**

Choose from Red Enchilada, White, Green Tomatillo or Mole Style on top

## A LA CARTE ITEMS \$5.5

**House Taco** corn tortilla topped with your choice of filler, pickled onion, cotija cheese, salsa fresca, and cilantro

**Enchilada** corn tortilla, cheese & your choice of filler. Broiled with enchilada sauce and cheese on top

## COMBO DEALS \$15

Combos are served with rice and pinto beans.

#1- Taco & Enchilada

#2- Two Tacos

#3- Two Enchiladas

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## **SALADS**

**Salena's Avocado Salad** greens, avocado, carrots, tomatoes, red onions, bell peppers, salsa fresca & cotija cheese\* \$15

add chicken or tofu \$6, add steak or shrimp \$8

DRESSINGS: SALSA RANCH, SALSA BLEU, HONEY-LIME CILANTRO, ITALIAN

**Half-size \$8**

## **SIGNATURE PLATES** \*no substitutions

served with rice and pinto beans. Skip the rice and beans and save \$4! Skip one and save \$2!

**Stuffed Avocado** Fresh avocado cut in half and filled with Italian dressing and your choice of filler. Topped with sautéed peppers & onions, melted cheese, salsa fresca, and cotija. \$19

**Grilled Tacos** \$27  
In 3 (**SUB CORN**) tortillas. Topped with lettuce, salsa fresca, your choice of crema, & cotija. Choose marinated chicken or steak

**Grilled Chicken Plates** \$23  
Chipotle Style with salsa fresca & cotija OR  
Mole Style with cilantro and cotija  
Both served with rice and black beans

**crema choice: chipotle or avocado**

## **RICE BOWL** \$15

Your choice of filler, rice, black beans, jalapenos, olives, salsa fresca, guacamole, lettuce, sour cream and cheese. Topped with your choice of sauce.

\*can substitute lettuce for rice

Half-size \$8

## **FAJITAS**

Includes: sautéed peppers and onions. With rice, pinto beans, 3 (**SUB CORN**) tortillas, lettuce, salsa fresca, pickled onion, cheese, sour cream, and guacamole served on the side

**Chicken** \$25.00

**Shrimp** \$27.00

**Steak** \$27.00

**Combination** (Chicken, Steak, & Shrimp) \$32.00

**Vegetable** \$19.00

- Seasonal roasted vegetables
- Add grilled tofu for \$6

**Tofu** \$25.00

## **SIDES**

Mexican Rice, Black Beans, or Pinto Beans \$3.50

Side Salad \$6

Corn Tortilla \$1

Sour Cream \$1

½ Guacamole- no chips \$6

Lettuce, Tomato, Cheese, or onion \$1

Salsa \$1

## **DESSERT**

**Flan** \$8

Traditional caramel custard served with a rosette of whipped cream. Contains eggs.