

GLUTEN FREE MENU

*Fried in a shared fryer

APPETIZERS

- Salena's Chips & Salsa** 3.50
Guacamole & Chips 9.00
Half-size 4.50
Queso & Chips 6.00
Add quinoa, chorizo, or ground beef 8.00
Quesadillas Americana SUB CORN tortilla wedges with melted cheese, salsa & sour cream on the side. *Add filler 15.95*
***Cannot be made without cross contamination
Hole Mole Salena's traditional chips, melted cheese on top, and guacamole in the center
Add lettuce, salsa fresca, olives \$17.95
Loaded Nachos Salena's traditional chips topped with lettuce, salsa fresca, olives, sour cream, jalapenos, guacamole, and queso.
Half-size \$8.95 Add filler +\$3
***Loaded Fries** Salena's All the loaded nacho toppings but served on French fries!
Add filler 12.95
Stuffed Jalapenos with cheese 4.95
Add chorizo or ground beef \$6.35
***Bacon Wrapped Jalapenos** stuffed with cream cheese, wrapped in bacon, and fried 8.95
Nacho Bean Dip Fried pinto beans, garlic, onion, and jalapenos covered in a thick layer of cheese. Topped with cotija cheese & salsa fresca. Served with Salena's premium chips.
Sub Black Beans \$9.50

*ENCHILADA PLATES served with rice and pinto beans

**no substitutions*

- Mexican Flag** a shredded beef enchilada, a chicken enchilada white style, and a pork enchilada green style, dressed with avocado crema & cilantro 17.95
Combination Enchiladas a shredded beef, a chicken, and a cheese, all enchilada style 16.95
Super Combo Enchiladas Our Mexican Flag dish with an additional chicken enchilada mole style 21.95

A LA CARTE ITEMS 4.95

- Taco** corn tortilla topped with your choice of filler, pickled onion, cotija cheese, salsa fresca, and cilantro
Tostada corn tortilla fried flat, topped with your choice of filler, lettuce, salsa fresca, and cotija cheese
Enchilada corn tortilla wrapped around onions & your choice of filler. Broiled with enchilada sauce and cheese on top

COMBO DEALS 13.95

Combos are served with rice and pinto beans.

- #1- Taco & *Enchilada
- #3- Two Tacos
- #4- Two *Enchiladas

RICE BOWL 13.95

Your choice of filler, rice, black beans (includes corn), jalapenos, olives, salsa fresca, guacamole, lettuce, sour cream and cheese. Topped with your choice of sauce.

**can substitute lettuce for rice*

Half-size \$8

Filler Choices: Shredded chicken & bean, shredded chicken, ground beef, chorizo, pulled pork, black bean mix, pinto bean, roasted vegetables +Guacamole- Taco or Tostada only
For enchiladas
choose from Red Enchilada, White, Green Tomatillo or Mole Style on top

SALENA COMBO 15.65

Pick 2 items from A La Carte, served with rice & beans

ALBERTO COMBO 20.35

Pick 3 items from A La Carte, served with rice & beans

If you have a food allergy, you must notify us. Allergen information for menu items is available. Ask us for details.

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SALADS

Salena's Avocado Salad greens, avocado, carrots, tomatoes, red onions, cucumbers, bell peppers, salsa fresca & cotija cheese* 14.95

add chicken or tofu \$5, add steak or shrimp \$7

DRESSINGS: SALSA RANCH, SALSA BLEU, HONEY-LIME CILANTRO, ITALIAN

Half-size \$8

Sante Fe Chicken Salad shredded lettuce with corn, black beans, diced chicken, tomatoes, & cilantro. and served with salsa ranch dressing on the side. Add diced avocado \$4. **Ask for NO tortilla strips** 14.95

Half-size \$8

SIGNATURE PLATES served with rice and black beans

*no substitutions

Stuffed Avocado Fresh avocado cut in half and filled with Italian dressing and your choice of filler. Topped with sautéed peppers & onions, melted cheese, salsa fresca, and cotija. 17.95

Grilled Cilantro Citrus Tofu Tacos 17.95
Marinated, grilled, and served in 3 (SUB CORN) tortillas. Topped with pickled onion, salsa fresca, cotija, and your choice of crema

Drunken Shrimp Tacos 23.95
Sautéed in our tequila red chili sauce served in 3 (SUB CORN) tortillas. With honey lime slaw, your choice of crema, salsa fresca, & cotija

Grilled Tacos 24.95
In 3 (SUB CORN) tortillas. Topped with lettuce, salsa fresca, your choice of crema, & cotija. Choose marinated chicken or steak

Grilled Chicken Plates 19.95
Chipotle Style with salsa fresca & cotija OR Mole Style with cilantro and cotija
Both served with rice and black beans

FAJITAS Includes: sautéed peppers and onions. With rice, pinto beans, 3 (SUB CORN) tortillas, lettuce, salsa fresca, pickled onion, cheese, sour cream, and guacamole served on the side

Chicken	24.95
Shrimp	26.95
Steak	26.95
Combination (Chicken, Steak, & Shrimp)	28.95
Vegetable	17.95

- Seasonal roasted vegetables
- Add grilled tofu for \$5

SIDES

Mexican Rice, Black Beans, or Pinto Beans	3.00
Side Salad	5.95
Corn Tortilla	1.00
Sour Cream	1.00
½ Guacamole	4.50
Lettuce, Tomato, Cheese, or onion	1.00
Salsas	2.00

DESSERT

Flan 7.95

Traditional caramel custard served with a rosette of whipped cream. Contains egg.

Love us? Share a review!

Have an issue?

Email kelly@salenas.com



crema choice: chipotle or avocado

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