

GLUTEN FREE MENU

*Fried in a shared fryer

--ENCHILADAS CAN BE MADE SAFE FOR CELIAC GUESTS, but you need to talk to your server--

APPETIZERS

- Salena's Chips & Salsa** 3.50
Guacamole & Chips 9.00
Queso & Chips 6.00
Add quinoa, chorizo, or ground beef 8.00
- Quesadillas Americana** SUB CORN tortilla wedges with melted cheese, salsa & sour cream on the side. *Add filler 15.95*
***Cannot be made without cross contamination
- Hole Mole** Salena's traditional chips, melted cheese on top, and guacamole in the center
Add lettuce, salsa fresca, olives \$17.95
- Loaded Nachos** Salena's traditional chips topped with lettuce, salsa fresca, olives, sour cream, jalapenos, guacamole, and queso.
Add filler \$16.95
- Stuffed Jalapenos** with cheese 4.95
Add quinoa, chorizo, or ground beef \$6.35
- *Bacon Wrapped Jalapenos** stuffed with cream cheese, wrapped in bacon, and fried 8.95
- Nacho Bean Dip** Fried pinto beans, garlic, onion, and jalapenos covered in a thick layer of cheese. Topped with cotija cheese & salsa fresca. Served with Salena's premium chips.
Sub Black Beans \$9.50

***ENCHILADA PLATES** served with rice and pinto beans
**no substitutions*

- *Mexican Flag** 3 enchiladas: a ground beef enchilada, a chicken enchilada white style, and a pork enchilada green style, dressed with avocado crema & cilantro 17.95
- *Combination Enchiladas** 3 enchiladas: a ground beef, a chicken, and a cheese, all enchilada style 16.95
- *Super Combo Enchiladas** Our Mexican Flag dish with an additional chicken enchilada mole style 21.95

A LA CARTE ITEMS 4.95

- Taco** corn tortilla topped with your choice of filler, pickled onion, cotija cheese, salsa fresca, and cilantro
*hard shell is in shared fryer
- Tostada** corn tortilla fried flat, topped with your choice of filler, lettuce, salsa fresca, and cotija cheese
- *Enchilada** corn tortilla wrapped around onions & your choice of filler. Broiled with enchilada sauce and cheese on top

COMBO DEALS 13.95

- Combos are served with rice and pinto beans.
- #1- Taco & *Enchilada
#3- Two Tacos
#4- Two *Enchiladas

RICE BOWL 13.95

- Your choice of filler, rice, black beans (includes corn), jalapenos, olives, salsa fresca, guacamole, lettuce, sour cream and cheese. Topped with your choice of sauce.
**can substitute lettuce for rice*

- Filler Choices:** Shredded chicken & bean, shredded chicken, ground beef, chorizo, pulled pork, quinoa, black bean mix, pinto bean, roasted vegetables +Guacamole- Taco or Tostada only
- For enchiladas**
choose from Red Enchilada, White, Green Tomatillo or Mole Style on top

SALENA COMBO 15.65

Pick 2 items from A La Carte, served with rice & beans

ALBERTO COMBO 20.35

Pick 3 items from A La Carte, served with rice & beans

If you have a food allergy, you must notify us. Allergen information for menu items is available. Ask us for details.

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SALADS

Salena's Avocado Salad greens, avocado, carrots, tomatoes, red onions, cucumbers, bell peppers, salsa fresca & cotija cheese* 14.95

add chicken or tofu \$5, add steak or shrimp \$7

DRESSINGS: SALSA RANCH, SALSA BLEU, HONEY-LIME CILANTRO, ITALIAN

Sante Fe Chicken Salad shredded lettuce with corn, black beans, diced chicken, tomatoes, & cilantro. and served with salsa ranch dressing on the side. Add diced avocado \$4. **Ask for NO tortilla strips** 14.95

SIGNATURE PLATES served with rice and black beans

*no substitutions

Stuffed Avocado Fresh avocado cut in half and filled with italian dressing and your choice of filler. Topped with sautéed peppers & onions, melted cheese, salsa fresca, and cotija. 17.95

Grilled Cilantro Citrus Tofu Tacos 17.95
Marinated, grilled, and served in 3 (SUB CORN) tortillas. Topped with pickled onion, salsa fresca, cotija, and your choice of crema

Drunken Shrimp Tacos 23.95
Sautéed in our tequila red chili sauce served in 3 (SUB CORN) tortillas. With honey lime slaw, your choice of crema, salsa fresca, & cotija

Grilled Tacos 24.95
In 3 (SUB CORN) tortillas. Topped with lettuce, salsa fresca, your choice of crema, & cotija. Choose marinated chicken or steak

Grilled Chicken Plates 19.95
Chipotle Style with salsa fresca & cotija OR Mole Style with cilantro and cotija
Both served with rice and black beans

*crema choice: chipotle or avocado

FAJITAS Includes: sautéed peppers and onions. With rice, pinto beans, 3 (SUB CORN) tortillas, lettuce, salsa fresca, pickled onion, cheese, sour cream, and guacamole served on the side

Chicken	24.95
Shrimp	26.95
Steak	26.95
Combination (Chicken, Steak, & Shrimp)	28.95
Vegetable	17.95

- Seasonal roasted vegetables
- Add grilled tofu for \$5

SIDES

Mexican Rice, Black Beans, or Pinto Beans	3.00
Side Salad	5.95
Quinoa	3.00
Corn Tortilla	1.00
Sour Cream	1.00
½ Guacamole	4.50
Lettuce, Tomato, Cheese, or onion	1.00
Salsas	2.00

DESSERT

Flan 7.95

Traditional caramel custard served with a rosette of whipped cream. Contains egg.

THANK YOU FOR YOUR PATIENCE!

Send any feedback at any time to kelly@salenas.com and you will be entered in a drawing for a free \$25 gift card!

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